



Daily Tasks

30 - 40 minutes per day

Morning Routine

Morning routine is a key to a successful day. Make beds, organize your clothes, collecting up a dirty laundry, ironing.

Clean Kitchen

Includes dishwashing, cleaning counters and tables. It also important to keep your kitchen in a clear sanitary condition, because this is a place where you eat!

Clean Bathroom

Wipe dirty sinks and counters, put all the shampoos, toothbrushes and any other things like medicine or makeup on places

Wipe Floors

Consider making a quick wipe of floors, especially if there are many people in your house. It would be faster if you will assign different people for different rooms.

Evening Routine

Don't go to bed if there is a mess at home. Check that all dishes are clean, everything on its places, the clothes are in the wardrobe and garbage bin is empty.



Weekly Tasks

2 - 3 hours a week

Kitchen

Start from the counters, wipe your appliances, and sinks. Clean the cabinets and inside of the microwave oven. It's a weekly cleaning, so don't be lazy and move any big objects to clean behind them, and to clean the backside of them, for example, it could be a coffee machine or the mentioned microwave oven. Vacuum. Mop the floor.

Bathroom

Like in the kitchen, start from the counters, clean all the cabinets. Don't forget to clean the mirror. Wipe the shower walls, doors, tub, sink, and in the toilet. Move any objects to clean behind them. Clean the toilet in the top, behind, and inside. Vacuum. Mop the floor.

Living Room, Bedroom, Dining Room

If it's a multi-level house, start from the higher floor. Go and check all the rooms, throw any trash. Start from removing the dust and pay the attention to the hard-to-get places like corners, picture frames, door frames, and lamps. Clean dressers and tables, remove any furniture covers and put them into the laundry if possible. Clean all the mirrors. Then vacuum where it's possible, you can even use special brushes for your sofa and couch. Mop the floors.



Monthly Tasks

1 time a month

- Clean windows inside and outside. Clean frames and window sills.
- Clean all the lamps, put off lampshades, if possible, and clean them too.
- Empty your wardrobes and clean them inside and outside.
- Clean out the refrigerator. Throw out old or unused food. Wash down the shelves using water with vinegar. If you will find a smell vinegar, or lemon juice are good to remove it.
- Vacuum upholstery.
- Wash and deodorize inside of garbage cans.
- Clean washer, inside of washer, coffee machine or pot. Use a vinegar water for that.
- Clean and flip mattresses.
- Dust air vents, ceiling fans and any hard-to-get places.